BC MIDWIVES INITIATIVE

TEN THINGS

MIDWIVES CAN DO TO CREATE A MORE WELCOMING PRACTICE FOR 2SLGBTQIA+

- To avoid gender assumption, provide opportunity for clients to identify their pronoun, preferred name, and gender on intake forms.
- Facilitate respectful communication between care providers by documenting on the medical record, client pronouns, names of family members and chosen language for parental roles, with consent from the client.
- Learn about, practice, and provide trauma informed care. Ensure client consents to physical contact or examinations.
- 4. Ask clients what language they use to describe their anatomy, and use that language in discussion and examination.
- Utilize the Care Plan for Gender Diverse and Transgender Obstetrical Patients.

- 6. When discussing family planning, include the range of reproductive choices including adoption, surrogacy, fostering and donor insemination.
- 7. Be familiar with and refer clients to local health services that support queer and trans people.
- Display the All Families Welcome decal, diverse family photos and provide gender neutral toilets.
- 9. Include queer & trans-inclusive reading material in your lending library. Share inclusive current events on social media, such as International Transgender Day of Visibility and Pride celebrations.
- 10. Complete professional development opportunities through places like UBC CPD, Trans Care BC, Rainbow Health Ontario, Canadian Professional Association for Transgender Heatlh and the Native Youth Sexual Health Network.



BECAUSE GIVING BIRTH AND BEING BORN ARE IMPORTANT FOR ALL FAMILIES